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METAZONE Growth Systems
The Inner System Montage – via Exotic Energy – an Infinite Power Resource, for
an Infinite Future

MFA
Kunstakademiet 2017

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METAZONE

GROWTH SYSTEMS

**THE INNER SYSTEM MONTAGE -
VIA EXOTIC ENERGY - AN INFINITE POWER RESOURCE,
FOR AN INFINITE FUTURE.**



Agnieszka Golaszewska, MA graduation essey

Once someone asked Dalai Lama : What is the easiest and the quickest way to enlightenment ??... - Dalai Lama just looked at him... and then he put his head down... and he just started crying... and then he answered : "I always pray that I will come back again and again, endlessly, to serve all beings, until samsara is empty."'¹

“ . . . this time however I come as the victorious Dionysus, who will turn the world into a holiday. . . Not that I have much time. . . ”
— Nietzsche

„My brain is only receiver; in the Universe, there is a core from which we obtain knowledge, strength and inspiration. I have not penetrated into the secrets of this core but I know that it exists.”
- Nicola Tesla

¹ <https://www.youtube.com/watch?v=s0MtqQdVBn0>

*Agnieszka Golaszewska,
National Academy of Fine Arts in Oslo,
Master Essey, 2017*

METAZONE GROWTH SYSTEMS -

The inner system montage - via exotic energy - an infinite power resource, for an infinite future.

- 1. Systems, zones and foundations*
- 2. Growth systems and increasing degrees of freedom*
- 3. Metazone Travel Inc*

I. SYSTEMS, ZONES AND FOUNDATIONS



We are all surrounded by waves, guided by the fields of becomings. The different levels of spectrum carry the different qualities of informations. Internet, tv, radio, electromagnetic waves are all around and tries to get access and materialise. There are some types of receivers, which shows us images from the air and let us communicate via oceans in the millisecond. Some of them calculate upcoming hurricane, another measure smog, the air pollution in the cities - recommending us to maybe rather go for a jogging outside the next day. We watch films streaming them from the air, we receive a virus, or a bug on our computer, straight from the virtual, untouchable world. Artificial technology is speeding up every second - polluting organic structure and stilling its powers, in effect we lack on grounding. A natural transmission through the earth energies, spectrums and zones of potentialities.

Between the flow of global data and highly independent, sharp like sharks humans - loneliness became now the course number one in the cause of depression in the society. The egoistic self - sensual attitude and the no - love sensation of compassion, too much competitive, jealousy vibrations - brings distrust, distress, frustration and the fear and the lonely feelings comes automatically. Collective depression, trauma, constant illegal variations of dreaming and sketching future, alienation culture, atomisation - it all becomes more tragic in the sense of disconnection. Humans seems to be more and more connected in the global networks; fast travelling, phones, internet but they forget about the natural connectivity with the inner self - the ground of recharging. Living under the everyday motto - *make me loose and then make me need*. The time passes, on the same repeatable incarnations in the eternal wheel of Samsara. We lack on tribal communities, the sacred ancient teachings in philosophy and morals in contradiction to the systematic education.

The inner engineering would be the first aid to achieve better grounding and connectivity with the zones and its foundations. Reconnect with itself. Unlearn, switch, regrow, reprogram the inner system - basically grow new system at home and get grounded. Invent the new ways of consciousness education and learn how to secure the natural virgin mind.

The problem might be how to really do it, there are endless possibilities of improving quality of the inner powers. I found an answer in ritualistic, improvised performance theatre, which gives a foundation to the *synchronicity*² with the global *collective unconsciousness*³, and further on - the *death of an ego*⁴ - fusion with the divine particles of becoming, the present and the future ones. I would like to investigate all these forms both in practical and theoretical fields while continuing the collective Metazone project, founding the open collaboration and the creative drive.

There is a one type of the receiver which is not fully understood by scientists, as well as there are constant fails, how to produce it artificially. The human. The temporary organic computer carrying the data and receiving them, every second. Receiving the spectrum of the thoughts. In the chaotic daily montage of images, feelings, people, places, chemistry and physics, crawls as well some zones of informations, like the flocks of birds. The thoughts fly there as well - like the invisible particles of the secret sacred data, crawling systems in spasms of micro macro realisation. This invisible storm around us can be received by our DNA bonds. Just recently, the American researchers discovered that our bodies produce millions of the small black holes - exactly the same like in cosmic space. So we are one organic transmitter of the dark matter - the exotic energy pandora mixer.

Systems and zones are waving periodically. Some needs more space and time to transform and survive, some occurs naturally from the background noise. The poetic science fiction of the reason of the event - the materialisation of the transcendent, occurs eternally. The constant flow of electromagnetic and *morphogenetic fields*⁵, trans-mutate infinitely in the *Noospheric*⁶ zone of the collective human consciousness. We live between mixes of influences - the *rhizomatic*⁷ version of society based upon botanical organic structure of layers and tunnels of the organic intelligence in the strata - the *assemblage of fields*⁸. Manuel DeLanda, an American philosopher and architect brings this knowledge to us straight from the shamans in the South American jungle. We could say from the core of the informations about the time on the Planet Earth. While the body is a mix of assemblages and different systems of translations, the thought exceeds this territory, has its exterritorial spacial qualities. Thought, looking from another repetitive examples on the micro and macro scales - would have then the capacity to connect with another assemblages, transit through them and come back to the source core, the grounded organic human energy. There is a collective need for experimentation with the new territories of telepathy in the world as well as in the improvised performance, opening the new zones of communication by the inner language. The language coming from the deeper self - the real human, not translated by culture.

² <https://en.wikipedia.org/wiki/Synchronicity>

³ https://en.wikipedia.org/wiki/Collective_unconscious

⁴ https://en.wikipedia.org/wiki/Ego_death

⁵ https://en.wikipedia.org/wiki/Morphogenetic_field

⁶ <https://en.wikipedia.org/wiki/Noosphere>

⁷ [https://en.wikipedia.org/wiki/Rhizome_\(philosophy\)](https://en.wikipedia.org/wiki/Rhizome_(philosophy))

⁸ <https://www.youtube.com/watch?v=J-l5e7ixw78>

II. GROWTH SYSTEMS

AND THE INCREASING DEGREES OF FREEDOM



All the strains comes down to the education, the proper method of providing individual in the growth formula, the most suitable on the planet Earth. A young persons are extremely fragile and all the small changes around are getting deeply coded in the mixer set of their brains. The human - mixer. Growth period is the time when the mixer starts to get some effects, extra instruments, to get ready to soon (after twenties) get a new professional set of speakers and begin to embrace its voice loudly.

Unlearning, unschooling is the type of democratic and alternative school and education, which simply brings the freedom. Its not any concept or direction it teaching - but very basic conscious usage of the time and energy in the space for better growth and care of the mind. The twentieth century begun an age of the noise, chaos and systems. We left far behind us the ancient techniques of becoming wider mentally by meditation, ritualistic approach or non-systematic learning.

Taking an example from the epoch sinusoidal structure - looks like we will soon become a cyborg techno tribe, damaged by poisoned food and electromagnetic interferences - we will transmute to the more robotic, half machined human - where the loneliness wins much faster. The all knowing artificial intelligence lonely beast. But there is a chance - far away from urbanised cities, corporations, wifi, race of the rats in the cage wheel - the chance of growing your system at

home and simply getting grounded in the new way. Transforming to the new small local communities of resources and collective help, validating the goods in the new qualities based upon present situation and needs.

There are attempts, and not that new - to more open methods of education. Lets take as example Rudolf Steiner, beginner of Anthroposophy, Eurythmics and Waldorf School system. He was the introducer of ancient Vedas in the western education, biodynamics, and rules of proper bees keeping system. The word *anthroposophy* means wisdom of the human being, or, for us today, awareness of one's humanity. The Theosophical Society, Ancient Schools of Wisdom, yogis, centres of bioenergy therapy, healing by binaural beats, herbs, light and touch. And the potential energy of the mind. The ongoing research on telepathy was failing and uprising many times in the history, but lately Rupert Sheldrake⁹ is providing many new projects in this field, combining masses in his statistics. There are again attempts to roll out the collective unconsciousness processes, which slowly as the research hopes will become a collective conscious communication. Humans needs the contact with the another person on the heart level of love, compassion and understanding. The deepest contact with yourself by open communication and the fresh look over education. Monks believes that one needs to refuse all decision making - just simply ignore fact that one should choose something. But today we are rolled by all the surrounding telling us to choose washing power or a hotel for the next vacation. Do not choose - just follow whatever feels like the grounding heart energy - otherwise you will be constantly stuck between weighing what is good or bad, what hungry ego loves the most - unstable human.

Society has made a little cleansing in your consciousness. It has cleaned just a small part completely, fenced it. Everything is okay there. That's what all universities are doing. The whole culture and conditioning is just to clear a part, so that you can feel at home there. And then you become afraid. Beyond the fence there is danger.

Destabilisation is not a new movement. The whole world is getting pushed and shaken every second by the single decisions and actions, the butterfly effect¹⁰ on the highest speed of action. The new cultural order, in fact begun after second World World on the The Congress for Cultural Freedom. The whole wide movement lunched deep indoctrination of American culture inside European structures, on all the levels of society from American children movies in tv, and the cultural qualities, smuggled this way to the supermarkets, capital of the other, the unknown power center, streaming down all the money. We need to decentralise culture and go back to the smaller communities, to produce healthy point of view on food production for example. Why would you buy beans from another side of the world, instead of supporting your local farmers and industry? The same is with thinking about soul and spirit - why the cultural qualities are on such an artificial channel of materialisation? Would be much easier with local cultural qualities and beliefs, rooted naturally in the small tribal community.

Taking away an author, a ruler of the game, an adaptation, but providing instead an equal distribution of powers, would dehypnotize our minds. Higher development of society could be possibly based on providing right methods to finally decentralise human. Relaunching the process of redistributing or dispersing functions, powers, people or things away from a central location or authority, as a state of mind and style, more than the political domain. Redefining structures, procedures and practices of governance to be closer to the citizenry and to make them more aware of the costs and benefits; it is a movement of power from the central to the local government.

People walking out of restaurants always have more joyful faces than people walking out of temples. The consumption became a religion, but without any traces of ritualisation and sacrality.

⁹ <http://www.sheldrake.org/research/telepathy>

¹⁰ https://en.wikipedia.org/wiki/Chaos_theory

We learnt how to treat ourselves as the only instinctive organism - not paying attention to our backgrounds and the next incarnations. We are all the time facing simple Earth-reference-problem. Still more money is spent on the hair care than on the brain care today, but circumstances are changing rapidly, the minds are waking up to provoke holistic, meta - textual movement, away of corporate power, but worshipping the divine self power.

Metazone brings religious elements by performance, to remind about life divinity. Humans were so many times cheated by religions, stealing their behaviours and money. Repentance is much connected to the past and levelled together with the lowering self-esteem, standing all the time on the position of the victim with the passive aggressive attitude, injected to us while we grow up. Now, not a church confession, neither a prayer - but a conscious ritualisation and sacralisation of the everyday life - shift towards the inner, eternal and divine world of energies and influences. The one man united - exotic energy montage compartment.

But how to consciously extract the small particles of the sacred power from around us? This thought already was a main field of research of Martin Heidegger, particularly in his magnum opus „Being and Time”. *Dasein - Ich bin mit meinem Dasein zufrieden*¹¹ - "I am pleased with my existence". He uses the expression *dasein* to refer to the experience of *being* that is peculiar to human beings. Thus it is a form of being that is aware of and must confront such issues as personhood, mortality and the dilemma or paradox of living in relationship with other humans while being ultimately alone with oneself. Then, possibly can appear the void of potentialities, the gymnastic halls of the inner self training and improvement. Gilles Deleuze in his *Thousands Plateaus*, seems to have a clear concept on the inner travel and conquering higher levels of understanding :

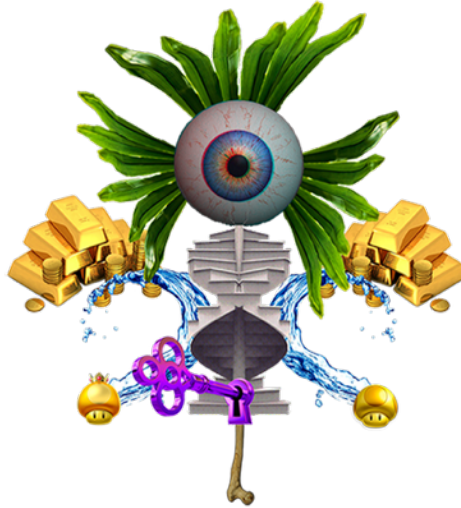
This is how it should be done: Lodge yourself on a stratum (your organism, your subjectivity, your regime of signs) experiment with the opportunities it offers (change your body patterns (sleep, exercise, diet), your personality (your emotional patterns, thresholds and triggers; what turns you on or off), your writing or speaking habits (learn how to 'stutter in your own language', pick up some slang, or simply read new, 'minor' actors'), find an advantageous place on it (where you can be safe and still experiment), find potential movements of deterritorialisation, possible lines of flight (listen to invitations to leave home, to change your habits).¹²

¹¹ Martin Heidegger, *Being and Time*, Suny Press, 1997, s. 64

¹² Gilles Deleuze, Félix Guattar, *A Thousand Plateaus: Capitalism and Schizophrenia*, France, Anti-Odypus, 1980, s. 237

III. METAZONE TRAVEL INC

www.metazone.com.pl



*We are going to land between the thin layers of reality.
You can now unfasten your safety bells.
All kinds of secure connection are supported by our portals;
via cosmic electric energy - an infinite electric power resource -
for an infinite future. We kindly ask you to get connected.*

Metazone somehow travels. Usually by some chaotic tunnels of transition, recharging and gaining. Sometimes gets materialised with the little help of energetic background. It appears from there, from the background noise. While we are all 100% deep in the exotic energy flowing all around us, some types of humans gatherings are charged with the special current, that they become almost sacred. And like the electrical cord transmits electricity from the outlet in the wall into the lightbulb, while electromagnetic waves are spinning all around the cable like a spiral lightning up the whole house - the same happens with humans performing together. The one collective stream of power.

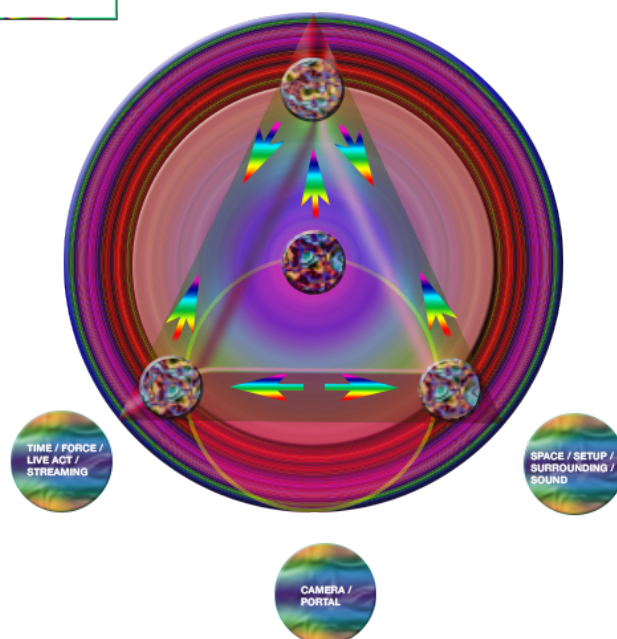
Metazone Travel Inc © is an independent artist research project, spinning around the live performance combined with the real time acting, filming, projecting and making sound backgrounds. It does not necessarily require all the particles to happen, but it is a form of dedication and focus, form of conscious creation, beginning far in collective unconsciousness.

We work on the synchronicity of space and time in the setup. The slow becoming and the fast ones, crawls in the production of the one collective unconscious movement. From the Chaosmos¹³ of the events to the one final sense. We develop small particles of fiction watched up between thin layers of reality. This is a metaphysical explanation of the spacetime outside of our perception in which are happening the unconscious processes deciding of a quality and structure of our beings.

¹³ Chaosmos, about chaotic montage which brings the center, Agnieszka Golaszewska, 2014, <http://metazone.com.pl/chaosmos/>, as well James Joyce concept of Chaosmosis, coming from his book *Finnegans Wake*



METAZONE FOUNDATION LAW



Metazone must get activated somehow. Usually it begins with the new opportunity of the space and time or an interesting setup to investigate. The whole process of creating Metazone might be very different. Open invitation gathers people who are interested in creating something spontaneous or a develop a single role of improvisation. Sometimes it consist of a everyday workshop in the spot of the performance where everyone is gathered to have a conversation and little by little build a scenography, but sometimes the setup just appears by itself and the play begins. The other times Metazone is the retreat camp, introducing many different ways of healing by improvisation, sound, light and the surrounding. Everyone can play together - just need to tune in, turn on and drop out, beginning its performative, theatrical travel by Metazone Travel Inc.

Daily life very often brings some coincidences of events and behaviours. The synchronicities of actions are investigated for so long. But how to investigate causality ? Metazone found an answer in creating a spontaneous setup for performance. We could call it LARP (Live Action Role Playing) but since it is coming from the Fine Arts background, is called *Metazone*. The foundation lays somewhere between the tribal gatherings, high priests meetings, origins of the Egyptian Theatre - the ritualistic, expressional gathering to worship the Gods. But then it turns and bring back to the very present moment out of play. Resonating with human decision of taking a spontaneous action, the change, the new. The tradition later stretches out to the origins of the Greek theatre - Dionysia, where people where gathering on the festival to develop some new social qualities, by celebrating life opportunity. But *Metazone* is mostly a collective therapy bringing back the lost ground of non verbal communication with oneself and the surrounding.



Wave needs time to wave, 2016, Akademirommet, Oslo, NO.

Wave needs time to wave, 2016 (<https://vimeo.com/188926107>) is a title of the one of the performances which was organised in the Akademirommet in Kunstneres Hus in Oslo. I manage to invite around twenty people to act and perform - the rest was fulfilled by the public which as well was an active part of happening, contributing for example in the chorus singing, directed by one of the performers. I set up a huge plastic pyramid tent in which the event had a place. We have experienced the materialisation of the magician who was engaged in his chaotic rituals. We could meet there a holy spirit - the great mother as well, calm and grounded person meditating between another people. We spent there around seven hours, step by step watching actors performing, playing music and later on just talking - the quality of muting wheels of the wave.

#united #states, 2016 was the performance played in The Lab, San Francisco. I was collaborating with an artist Dora Garcia and her project *I see words, I hear voices*¹⁴. We prepared a radio podcast as a part of the event, which was spinning around the dreams and the other side of us when we are not conscious. We were working together with The Hearing Voices Network San Francisco and hippies from the Golden Gate Park. We were trying to perform under inspiration of the *#united #states* poster. Combine together the separate states of being and investigate the connection between them.

¹⁴ <http://www.thelab.org/projects/2016/8/13/dora-garcia-the-hearing-voices-lab>



#united #states, 2016, The Lab, San Francisco, US



Sunday Research Club just got connected - Welcome to the magic island, 2016 - was the first performance of the Metazone. The video documentation can be found here : <https://vimeo.com/160743313> Performance was lasting a twelve hours - from midday until midnight.

Becoming another, an animal, a new person for a while - completely different type than in daily life, can bring a lot of potential profits. The psychology and the art therapy uses the spontaneous techniques like eurhythmics, contact improvisation¹⁵, sound and light therapy to relive stress, depression, muscle pain, to basically higher up the vibration of the whole body. It is nothing different than the energetic physico - mental yoga with some science fiction qualities, the *metarave* of the particles and the setups. The ritualisation of a single behaviour and sacralisation of the presence moment could possibly bring us closer to the better connection with the divine. And what later is called in psychology of Carl Jung - the Ego Death, functioning in the complete loss of subjective self-identity. The rule of *Catharsis*¹⁶, where in some point driven by hypnotic becoming, ritualistic behaviours cause the loss of space and time, what - in longer perspective, can provide cleansing of the soul and the body later. On the one hand - proper grounding and connection with the inner self, on another - design of an experience, *dasein*¹⁷ of the life travel.*

*stay meta - use meta setup.



¹⁵ https://en.wikipedia.org/wiki/Contact_improvisation

¹⁶ <https://en.wikipedia.org/wiki/Catharsis>

¹⁷ <https://en.wikipedia.org/wiki/Dasein>